

Better Care Southampton

Joining up your care

Together with Southampton City Council we want to improve the health and wellbeing of people in our city.

To achieve this, the two organisations along with community and voluntary organisations are working on a programme called Better Care Southampton. The aim is to work more closely together to provide a holistic service that is centred around YOU.

It will involve sharing information and developing joined up services that will feature elements of health, social care and voluntary sector services. By putting the individual at the centre of our care planning, we believe we can provide better care for local people.

The Government has set aside £3.8 billion to fund the integration of health and social care throughout the country. This is not new money but money that was already allocated to be spent on health and social care. We believe that spending the money in a more joined up way will lead to more joined up services for local people.

In Southampton we are very committed to making radical changes to integrate services so have decided to go even further than the Government's recommendations, pooling even more of our budget and resources than suggested. Together with the City Council, we have now produced a draft plan saying how we hope to use our collective resources in Southampton in a way that will improve health and social care services. You can find a copy of our draft plan at:

www.southampton.gov.uk/modernGov/documents/s20045/Appendix.pdf

Our aims:

We have developed a series of aims to ensure we have a clear focus:

- **Put individuals at the heart of their own care**
 - Empowered and supported by integrated local services & communities
- **Focus on prevention and early intervention**
 - Health and social care professionals highlighting those who need extra support... getting the right help at the earliest stage.
- **Build community capacity**
 - Working with defined neighbourhoods
 - Supporting vulnerable people
- **Help people to retain and regain their independence**

Our key principles:

We have also developed some important underpinning principles that will guide us as we plan and deliver Better Care.

- ✓ **Person centred** - individuals will have maximum choice and control through person centred care planning and supported self-management of their health and wellbeing.
- ✓ **Personal control** - patients and service users can decide how the money allocated for their care should be spent.
- ✓ **You, not your illness** - the approach to care will be holistic and not focussed around diseases or conditions.
- ✓ **Being the best we can be** - we will make the most of the skills and resources available to us, building on the strengths of people, their families, carers and local communities.
- ✓ **Integrated and seamless** - services will be delivered in an integrated way at all levels wherever possible with a focus on local care.
- ✓ **Round the clock** - out of hospital care will be a 7-days-a-week service and will be consistent both in and out of hours.
- ✓ **Community-led** - the vast majority of people's needs will be managed in the community by the local cluster teams. Community services will be the first port of call for people seeking help for themselves or others.
- ✓ **Efficient and consistent** - care planning and assessment may be undertaken by any agency using a common trusted tool.

We have been talking to local people, voluntary groups and charities about our plans and will continue to do this as we think about how it will all work. You are at the heart of this programme and we would value your opinions to help us. We will be shortly launching an online survey to get some feedback. Visit our website at www.southamptoncityccg.nhs.uk for more details.